

# Sticheron 5. Mode 4. Pa=D.

Diatonic

8 Praise Him with timbrel and dance, praise Him with strings and  
E flute. You ac-cept-ed phys - i - cal death, and thus trans-act-ed  
D im - mor - tal - i - ty for us, O Sav - ior. And You  
C dwelt in a tomb, so that You might lib - er - ate us from  
D Ha - des. You res-ur - rect - ed us with your - self. You  
E suf - fered as a man, but res-ur - rect - ed as God.  
C We there - fore cry a - loud: Glo-ry to You, O Lord and  
D Giv - er of life, who a - lone loves hu - man-  
8 i - ty.